

Parenting Through Separation and Divorce

FREE PARENT/CAREGIVER WORKSHOP “Mitigating Negative Effects on Young Children”

February 9th, Part 1
**6:00 – 7:30pm (1 hour workshop, with 30 mins. for
Q & A and discussion)**

Relationship breakdown can be one of the most difficult times in a person’s life. In this 3-part series, join us to expand your toolbox to lessen the negative impacts of separation and divorce on young children; effectively co-parent or parallel parent; and personally recover and heal.

Feb. 16th, Part II – “Parallel Parenting and Co-parenting”
Feb. 23rd, Part III – “Personal Recovery and Healing”

Amanda Thiessen has worked with families throughout her 20-year career as a social worker. She is currently a Parent Support Counsellor at Cameray Child and Family Services supporting families in New Westminster and Burnaby with children under 6.



Register on Eventbrite: <https://www.eventbrite.com/e/parenting-through-separation-and-divorce-tickets-260463151297>

FOR MORE:
email: kidsinburnaby@gmail.com
www.kidsinburnaby.ca

