

# Play to Learn! June 1, 2022

## Edmonds Park - Outdoors!

## Giant Molar Bean Bag toss

#### **Materials Needed:**

- Open indoor or outdoor space
- Giant tooth with big mouth as target
- 5 Bean Bags

### Directions for Activity:

- Set up Giant tooth a few feet away from children (May adjust distance to child's age and ability)
- Have children line up in a single line
- Give the child at the head of the line bean bags (roughly 5 bean bags will do)
- Encourage child to aim the bean bag into the Giant tooth's mouth
- Have children count the bean bags as they throw them into the mouth
- Have same child that just tossed the bean bags to go gather up the bean bags and bring them back to give them to the next child in line.

## ..... will help your child's development in the following areas:



#### Physical Health & Well-Being

• This activity develops gross motor skills such as: throwing skills (both over and under-hand throwing), balance and coordination, hand-eye coordination, and enhances directionality



#### **Language & Cognitive Development**

• Helps with counting, aiming, and depth perception





### **Social Competence and Emotional Maturity**

- Helps with child participation with working together with bringing back the bean bags for the next child in line.
- Fosters curiosity about a new activity and supports learning how to follow rules and instruction
- Develops ability to bounce back from disappointment from not getting all the bean bags into the mouth.



## **Communication Skills & General Knowledge**

- Develops the ability and patience to wait for your turn
- Provides an opportunity to be curious and learn about teeth, the mouth, and dental hygiene