



## FREE BURNABY \*SUMMER ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	When	Registration Required - Details
Burnaby Family Life	<a href="https://bflgrowscommunity.org/">https://bflgrowscommunity.org/</a>	Guest Speaker Series	Family Well Being Webinars	Every Thursday 3-4 pm	Email: bfl_info@burnabyfamilylife.org
Burnaby Family Life	<a href="https://bflgrowscommunity.org/">https://bflgrowscommunity.org/</a>	Circle Time, Mother Goose, Fatherhood: A Journey, and Baby and Me (second stage)	<i>Visit website for details</i>		Email: bfl_info@burnabyfamilylife.org
Burnaby Neighbourhood House and Information Children	<a href="https://burnabynh.ca/bnh-virtual-programs/">https://burnabynh.ca/bnh-virtual-programs/</a> OR <a href="https://www.informationchildren.com">https://www.informationchildren.com</a>	Stress Busters	For parents and caregivers. Four online sessions to talk about Stress and Stress Busters! Tuesdays (9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> and 30 <sup>th</sup> ), 1:00-2:00pm. Questions: please email northinfo@burnabynh.ca or info_child@sfu.ca	April 24 – June 12, 2020 Friday 1:15-2:15pm. ZOOM.	
Burnaby Neighbourhood House	<a href="https://burnabynh.ca/bnh-virtual-programs/">https://burnabynh.ca/bnh-virtual-programs/</a>	Family drop-ins; family yoga, and many others	For parents/caregivers and children.		Visit website for individual program and registration details.

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Burnaby Pacific Grace Church	<a href="https://bpgc.org/events/mothergoose/">https://bpgc.org/events/mothergoose/</a>	Mother Goose	For children 0 to 18 months. Enjoy one hour of rhymes, songs, and stories with your child. Learn new ways to cope. Meet other parents.	April 24 – June 12, 2020 Friday 1:15-2:15pm. ZOOM.	Go to website to register: <a href="https://bpgc.org/events/mothergoose/">https://bpgc.org/events/mothergoose/</a>
Cameray Child and Family Services	<a href="http://cameray.ca/parent-support-program/">http://cameray.ca/parent-support-program/</a>	Circle Time (different types), Circle of Security, parenting program and more ...	For Burnaby and New Westminster residents. Online family groups, activities for children and families and supports for parents	<i>Visit website for online calendar</i>	Email: pspgroupsignup@cameray.ca

Information Children	<a href="http://www.informationchildren.com/event/circle-of-security-9/">http://www.informationchildren.com/event/circle-of-security-9/</a>	Circle of Security	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>
Information Children	<a href="http://www.informationchildren.com/event/keeping-calm-to-carry-on-reframing-covid/">http://www.informationchildren.com/event/keeping-calm-to-carry-on-reframing-covid/</a>	Keeping Calm to Carry on – Reframing COVID 19	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>
Information Children	<a href="http://www.informationchildren.com/event/parenting-toddlers-and-preschoolers-7/">http://www.informationchildren.com/event/parenting-toddlers-and-preschoolers-7/</a>	Parenting Toddlers and Preschoolers	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>

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S.U.C.C.E.S.S.	N/A	Mother Goose Online Group (Mandarin and English)	Songs, Rhymes and Story-telling in Mandarin. For children birth to 4 years old.	8 sessions, on Mondays: May 4 – June 29, 2020  (No session: 5/18)  10:30am - 11:45am	Call Teresa Hsieh at: 604-318-2731 or E-mail: <a href="mailto:teresa.hsieh@success.bc.ca">teresa.hsieh@success.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Mother Goose Online Group (Mandarin and English)	Songs, Rhymes and Story-telling in Mandarin. For children birth to 4 years old.	8 sessions, on Mondays: May 26 – July 14, 2020 10:30am - 11:45am	Call Teresa Hsieh at: 604-318-2731 or E-mail: <a href="mailto:teresa.hsieh@success.bc.ca">teresa.hsieh@success.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Mother Goose Program (Korean and English)	Songs, Rhymes and Story-telling in Korean  For children birth to 4 years old.	May 22 <sup>nd</sup> - July 10 <sup>th</sup> (8 sessions) 2:00-2:45pm	Call Monica Lim at: 604-330-8068 or E-mail: <a href="mailto:monica.lim@success.bc.ca">monica.lim@success.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Parenting Club (Korean)	Parents share, discuss and have workshops on topics like: child safety, child development, discipline and ..... etc.	Every first & third Thursday  10:30 - 11:30 am	Call Teresa Hsieh at: 604-318-2731 or E-mail: <a href="mailto:teresa.hsieh@success.bc.ca">teresa.hsieh@success.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Parenting Club (Mandarin)	Parents share, discuss and have workshops on topics like: child safety, child development, discipline and ..... etc.	Every second & fourth Thursday  10:30 - 11:30 am	Call Monica Lim at: 604-330-8068 or E-mail: <a href="mailto:monica.lim@success.bc.ca">monica.lim@success.bc.ca</a>

For more information on Burnaby COVID 19 activities, supports and services for children 0 to 6 years old and families go to COVID 19 Resources & Supports at: [www.kidsinburnaby.ca](http://www.kidsinburnaby.ca)



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