

## FREE BURNABY \*SPRING ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	When	Registration Required - Details
Burnaby Family Life	<a href="https://bflgrowscommunity.org/">https://bflgrowscommunity.org/</a>	Guest Speaker Series	Family Well Being Webinars	Every Thursday 3-4 pm	Email: <a href="mailto:bfl_info@burnabyfamilylife.org">bfl_info@burnabyfamilylife.org</a>
Burnaby Family Life	<a href="https://bflgrowscommunity.org/">https://bflgrowscommunity.org/</a>	Circle Time, Mother Goose, Fatherhood: A Journey, and Baby and Me (second stage)	<i>Visit website for details</i>		Email: <a href="mailto:bfl_info@burnabyfamilylife.org">bfl_info@burnabyfamilylife.org</a>
Burnaby Pacific Grace Church	<a href="https://bpgc.org/events/mothergoose/">https://bpgc.org/events/mothergoose/</a>	Mother Goose	For children 0 to 18 months. Enjoy one hour of rhymes, songs, and stories with your child. Learn new ways to cope. Meet other parents.	April 24 – June 12, 2020 Friday 1:15-2:15pm. ZOOM.	Go to website to register: <a href="https://bpgc.org/events/mothergoose/">https://bpgc.org/events/mothergoose/</a>
Cameray Child and Family Services	<a href="http://cameray.ca/parent-support-program-may-online-group-calendar/">http://cameray.ca/parent-support-program-may-online-group-calendar/</a>	Circle Time (different types), Circle of Security, parenting program and more ...	For Burnaby and New Westminster residents with one or more children under the age of 5 years old.  Online family groups, activities for children and families and supports for parents	<i>Visit website for online calendar</i>	Email: <a href="mailto:pspgroupsignup@cameray.ca">pspgroupsignup@cameray.ca</a>

**\* All online programs are for children from birth to 6 years old, unless otherwise indicated**

## FREE BURNABY \*SPRING ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	When	Registration Required - Details
Information Children	<a href="http://www.informationchildren.com/event/circle-of-security-9/">http://www.informationchildren.com/event/circle-of-security-9/</a>	Circle of Security	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>
Information Children	<a href="http://www.informationchildren.com/event/keeping-calm-to-carry-on-reframing-covid/">http://www.informationchildren.com/event/keeping-calm-to-carry-on-reframing-covid/</a>	Keeping Calm to Carry on – Reframing COVID 19	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>
Information Children	<a href="http://www.informationchildren.com/event/parenting-toddlers-and-preschoolers-7/">http://www.informationchildren.com/event/parenting-toddlers-and-preschoolers-7/</a>	Parenting Toddlers and Preschoolers	<i>Visit website for details</i>	<i>Visit website for details</i>	<i>Follow website link to register</i>
S.U.C.C.E.S.S.	N/A	Mother Goose Online Group (Mandarin and English)	Songs, Rhymes and Story-telling in Mandarin. For children birth to 4 years old.	8 sessions, on Mondays: May 4 – June 29, 2020  <i>(No session: 5/18)</i>  10:30am - 11:45am	Call Teresa Hsieh at: 604-318-2731 or E-mail: <a href="mailto:teresa.hsieh@success.bc.ca">teresa.hsieh@success.bc.ca</a>

**\* All online programs are for children from birth to 6 years old, unless otherwise indicated**



## FREE BURNABY \*SPRING ONLINE PROGRAMS 2020

S.U.C.C.E.S.S.	N/A	Mother Goose Program (Korean and English)	Songs, Rhymes and Story-telling in Korean For children birth to 4 years old.	May 22 <sup>nd</sup> - July 10 <sup>th</sup> (8 sessions) 2:00-2:45pm	Call Monica Lim at: 604-330-8068 or E-mail: <a href="mailto:monica.lim@succes.bc.ca">monica.lim@succes.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Parenting Club (Korean)	Parents share, discuss and have workshops on topics like: child safety, child development, discipline and ..... etc.	Every first & third Thursday 10:30 -11:30 am	Call Teresa Hsieh at: 604-318-2731 or E-mail: <a href="mailto:teresa.hsieh@succes.bc.ca">teresa.hsieh@succes.bc.ca</a>
S.U.C.C.E.S.S.	N/A	Parenting Club (Mandarin)	Parents share, discuss and have workshops on topics like: child safety, child development, discipline and ..... etc.	Every second & fourth Thursday 10:30 -11:30 am	Call Monica Lim at: 604-330-8068 or E-mail: <a href="mailto:monica.lim@succes.bc.ca">monica.lim@succes.bc.ca</a>
YMCA CCRR	N/A	Parenting Workshops: Resilience in Children & Youth Part 1 & 2	What resilience is; how it develops and the key role of parents in building resilience.	May 21st and 28 <sup>th</sup> 10:00 am to 11:00 am	To register, call: 604-931-3400 ext. 0

**\* All programs are for children from birth to 6 years old, unless otherwise indicated.**

