

FREE BURNABY FALL PROGRAMS* 2025

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Family Life	www.burnabyfamilylife.org	<p>Family Drop-In's</p> <p>For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow</p>	<p>Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service:</p> <ol style="list-style-type: none"> 1. Family Support 2. Play-based Learning 3. Early Learning and Literacy 4. Parent Education 5. Information and Referrals <p>Families are welcome to drop in any time during program hours (Mother Goose requires advanced registration).</p>	<p>Family Drop-In</p> <p>TUESDAYS ongoing 09:00am-11:00pm 6140 McKercher Avenue</p> <p>WEDNESDAYS ongoing 09:00am-11:00am 6140 McKercher Avenue</p> <p>THURSDAYS ongoing 09:00am-11:00am 6140 McKercher Avenue</p> <p>FRIDAYS ONGOING 12:30pm-2:30pm 6140 McKercher Avenue</p>	<p>Drop ins welcome. No pre-registration required</p> <p>Email: bfl_info@burnabyfamilylife.org</p> <p>Ph: 604-659-2200</p>

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For more information on activities, supports, and services for families with children 0 to 6 years old, go to "COVID 19 Resources & Supports" at www.kidsinburnaby.ca.



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Burnaby Family Life	www.burnabyfamilylife.org	Learning together through play	For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow	Learning Together Through Play TUESDAYS 4-6pm 6140 Mckercher Avenue WEDNESDAYS 9:00-11:00am Edmonds Resource Centre, #205-7355 Canada Way SATURDAYS 10am-12pm 6140 Mckercher Avenue SATURDAYS 10am-12pm Montecito Child Care Centre, 7230 Camarillo Place	Drop ins welcome. No pre-registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200
Burnaby Family Life	www.burnabyfamilylife.org	Baby & Me Second stage	For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow	Baby & Me second Stage Fridays 9.00-11.00am #205 - Edmonds Resource Centre	Drop ins welcome. No pre-registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200

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Burnaby Family Life	www.burnabyfamillylife.org	Mother Goose	<p>Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service:</p> <p>Family Support Play-based Learning Early Learning and Literacy Parent Education Information and Referrals</p>	<p>Mother Goose</p> <p>PRE-REGISTRATION REQUIRED</p> <p>THURSDAYS 09:30-11:00 am starting September 18 8 weekly sessions Edmonds Resource Centre, #205-7355 Canada Way</p> <p>FRIDAYS 09:30-11:00am starting September 19 10 weekly sessions 6140 McKercher Avenue</p>	<p>Pre- registration require</p> <p>Email: bfl_info@burnabyfamillylife.org</p> <p>Ph: 604-659-2200</p>
Burnaby Family Life	www.burnabyfamillylife.org	<p>Expecting & New Moms:</p> <p>We're Here For You And Baby</p> <p>Pregnancy Outreach Program (prenatal)</p> <p>Baby & Me (second stage)</p> <p>Healthy Care</p> <p>Pregnancy Program</p>	One-to-one, by phone, online, or virtual groups	Ongoing	<p>To register please visit website</p> <p>Burnaby Family Life - Home</p>

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Burnaby Family Life	www.burnabyfamilylife.org	<p>In person & online Parenting and Support groups:</p> <ul style="list-style-type: none"> • Calm & Confident Parenting • Curious Minds (English and Mandarin) • Modern & effective parenting • Nobody's Perfect (English and Korean) • Parenting for Immigrants • Immigrants Women's Support Group • Understanding Your Anger: Anger Management for Men • Fatherhood, A Journey • Parenting Pre-teens 	<p>Our Parenting and Support programs provide a safe and inclusive space for parents, caregivers and individuals to learn about themselves, their children, and how to build skills that can support the healthy development of their family, their children and themselves.</p> <p>For program descriptions please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow</p> <p>Free childcare for children 18m to 10 years is available for all in person programs. <i>Pre-registration required for childcare.</i></p>	<p>For dates, times and locations please visit Family Life Education — Burnaby Family Life - A place to go a place to grow</p>	<p>For registration please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow OR Call 604-659-2200</p>
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Burnaby Neighbourhood House-South Burnaby	https://burnaby.ca/get-involved/family/	Family Place at 4460 Beresford Street	Family Drop-In for families with children birth to 5 years old.	Mondays, Tuesdays, Thursdays 9:30-11:30am Wednesdays (for Newcomers/ Immigrants) 9:30-11:30am	First come, first serve. Room Capacity Limit: 15 families. No registration required
Burnaby Neighbourhood House-Brentwood	https://burnaby.ca/get-involved/family/	Family Place at 2055 Rosser Avenue	Family Drop-In for families with children birth to 5 years old.	Tuesdays 12:30-2:30pm Thursdays 10:00-12:00pm Fridays 9:30-11:30am	First come, first serve. Room Capacity Limit: 15 families. No registration required
Burnaby Neighbourhood House-North, South, Brentwood, Online	https://burnaby.ca/get-involved/family/	Online and in-person family workshops, info sessions, special activities, and more	Visit website for online calendar with details	Ongoing	To register please visit website
Burnaby School District	https://burnabyschools.ca/strongstart/	StrongStart	StrongStart Centres provide parents and caregivers an opportunity to share in their child's early learning experiences and learn and grow together through PLAY. Families have the most important role in promoting their child's well-being and learning and are asked to remain with their child to engage in this supportive and joyful, no cost, program.	Open for families during the week of September 22, 2025. Registration is necessary.	To register: https://registration.s41.bc.ca/Forms/strongstartregistration

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Burnaby Public Library	https://pl.bc.ca/events#/	Family Storytime	Join us for fun songs and stories! Meet other families and get to know the library.	<p>Bob Prittie Metrotown Branch 6100 Willingdon Ave. Wednesdays, September 17 to October 22 10:30am - 11:00am</p> <p>Thursdays November 6 to December 18 10:30am - 11:00am</p> <p>Saturdays September 20, October 18, November 15, December 13 11:00am – 11:30am</p> <p>McGill Branch 4595 Albert St. Wednesdays September 17 to December 3 10:30am - 11:00am</p> <p>Tommy Douglas Branch 7311 Kingsway Thursdays September 18 to November 27 11:30am - 12:00pm</p> <p>Temporary Cameron Branch 110-9855 Austin Ave.</p>	Drop-in. No registration required.
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				<p>Tuesdays, September 16 to November 25 (No program on Sept. 30 and Nov. 11) 10:30am - 11:00am</p> <p>Saturdays September 27, October 25, November 22, December 20 10:30am - 11:00am</p>	

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Burnaby Public Library	https://pl.bc.ca/events#/	Babytime	Meet other families and share songs, bounces and stories with your baby.	<p>Bob Prittie Metrotown Branch 6100 Willingdon Ave.</p> <p>Wednesdays September 17 to October 22 11:30am – 12:00pm</p> <p>Thursdays November 6 to December 18 11:30am – 12:00pm</p> <p>McGill Branch 4595 Albert St.</p> <p>Wednesdays September 17 to December 3 1:30pm – 2:00pm</p> <p>Tommy Douglas Branch 7311 Kingsway</p> <p>Thursdays September 18 to November 27 10:30am – 11:00pm</p> <p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Tuesdays September 16 to November 25 (No program on Sept. 30 and Nov. 11) 11:30am – 12:00pm</p>	Drop-in. No registration required.
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Burnaby Public Library	https://bpl.bc.ca/events#/	Baby Social	Play with your baby, make new friends and chat with other adults in a comfortable space.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Wednesdays November 5 to December 10 1:00pm – 2:30pm Thursdays September 18 to October 23 1:00pm – 2:30pm Temporary Cameron Branch 110-9855 Austin Ave. Tuesdays December 2 - December 16 10:30am – 12:00pm	Drop-in. No registration required.
Burnaby Public Library	https://bpl.bc.ca/events#/	Cantonese Storytime for Toddlers	Drop in with your little one for a Cantonese circle time to sing songs and participate in fun group activities. There will be time for parents and grandparents to socialize, while children explore library books, toys, and other community resources. Presented in partnership with Hello Canto	Tommy Douglas Branch 7311 Kingsway Fridays September 5, October 3 & 31, November 7 & 21 December 5 10:30am-11:15am	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#/	Family Fun in Mandarin and Cantonese	<p>Join us for a fun and welcoming family drop-in, supported in Mandarin and Cantonese. This program includes free play, a light snack and circle time in a relaxed setting.</p> <p>Space is limited to eight families per session. First come, First served!</p> <p>For Families with kids ages 0 to 5</p> <p>Presented in partnership with Cameray Child & Family Services</p>	<p>Temporary Cameron Branch 110-9855 Austin Ave.</p> <p>Thursdays September 18, October 16, and November 20 1:00pm-3:00pm</p>	Drop-in. No registration required.

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Burnaby Public Library	https://burnaby.ca/pl.bc.ca/events/	Korean Storytime	Let's read and sing in Korean together! Practice Korean in a fun way while meeting other Korean speaking families! For kids ages 0-5 and their caregivers. Siblings welcome.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Saturdays October 4, November 29 10:30am – 11:30am Temporary Cameron Branch 110-9855 Austin Ave. Fridays September 5, October 17 10:30am – 11:30am	Drop-in. No registration required.
Burnaby Public Library	https://burnaby.ca/pl.bc.ca/events/	Portuguese Storytime	Join us for stories, songs and rhymes in Portuguese. This program is intended for children ages 0 to 6 and their caregivers. Older siblings welcome.	McGill Branch 4595 Albert St. Fridays, September 26, October 24, November 21 10:30am – 11:30am	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#/	Japanese Social Hour & Storytime	Come and meet other Japanese-speaking families at the library! There will be toys and books, and a librarian will lead a short storytime in Japanese. For families with kids ages 0-5. Siblings welcome.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Saturday December 6 10:30am – 11:30am Tommy Douglas Branch 7311 Kingsway Saturday October 25 10:30am – 11:30am Temporary Cameron Branch 110-9855 Austin Ave. Saturdays November 15 10:30am – 11:30am	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#/	Family Fun Time in Spanish	<p>Come meet other families who speak Spanish. There will be toys, books, and a librarian who will sing and tell stories in Spanish.</p> <p>This program is intended for families with children ages 0-5. Older siblings are welcome.</p>	<p>Bob Prittie Metrotown Branch 6100 Willingdon Ave. Friday, October 17 10:30am - 11:30am</p> <p>Tommy Douglas Branch 7311 Kingsway Friday, December 12 10:30am - 11:30am</p> <p>Temporary Cameron Branch 110-9855 Austin Ave. Friday, September 19, November 14 10:30am - 11:30am</p>	Drop-in. No registration required.

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Burnaby Public Library	https://burnabypl.bc.ca/events/	Board Game Club	<p>Have fun playing with our collection of board games.</p> <p>For kids ages 5 to 12. Siblings welcome</p>	<p>Bob Prittie Metrotown Branch 6100 Willingdon Ave. Fridays, October 24 and November 21 2:30pm – 4:30pm</p> <p>McGill Branch 4595 Albert St. Mondays, December 22 and December 29 3:30pm – 5:30pm</p> <p>Tommy Douglas Branch 7311 Kingsway Friday, December 19 3:00pm – 4:30pm</p>	Drop-in. No registration required.

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Camerasay Child & Family Services	https://www.camerasay.ca/parent-support-program/	<p>One-to-one counselling re: parenting support</p> <p>Interactive groups for young children (i.e. <i>Circle Time</i>, <i>Family Literacy Circle</i>, <i>Temas de Crianza de niños</i>, etc.)</p> <p>Parent education and support groups and workshops (<i>Circle of Security Parenting program</i>, <i>Nobody's Perfect</i>, <i>Sharing Circle - Seven Sacred Teachings</i>, <i>My Tween and Me</i>, etc.)</p> <p>Monthly Parent Education workshops</p> <p>Drop-in groups bi-monthly on Thursdays</p>	<p>For Burnaby and New Westminster families who are expectant parents or parents/guardians with one or more children under the age of 5 years (Early Years Parent Support Program)</p> <p>Additional individual and group parenting support for Burnaby and New Westminster families with one or more children aged 6 to 18 years (Parent Education Program)</p> <p>Online groups and activities for families, parent education, resources and support for parents, including one-one counselling</p>	<p>Ongoing: please visit the website to view the monthly calendars and corresponding flyers, with full program and group descriptions, including the time and location details</p> <p>Program activities Monday to Friday, mornings, afternoons and early evenings</p>	<p>Email: pspgroupsignup@camerasay.ca</p> <p>For our full details about our monthly activity calendars, please visit: https://www.camerasay.ca/events/</p>

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Family Service of Greater Vancouver	www.fsgv.ca/programs/early-childhood-community-consultant/	Early Childhood Community Consultant	Ask questions and get support with free one-on-one consultations about your child's development, behavior, parenting tips, tricks and education, either virtually, a visit in the community or in the comfort of your own home.	Ongoing	For more information or to see availability contact Anita at: call/text: 604.723.9548 or email aolson@fsgv.ca
Metis Nation BC	https://www.mnbc.ca/work-programs/services/metis-family-connections-early-years-birth-8-years	Metis Family Connections Program	For Metis families with children birth to 8 years. Families build a network of support that provides children with opportunities for early learning and childhood development. Metis Family Connections Navigators assist families to access programs and services that are available in their region and connect them to community and culture.	Ongoing	Visit website for details: Métis Family Connections - Early Years (Birth to 8 Years) MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

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Metis Nation BC	https://www.mnbc.ca/work-programs/services/miyoopimatishihk-wellbeing-program	Miyoopimatishihk (Wellbeing) Program	<p>For families with Metis children birth to 8 years old. Metis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipments, mental health supports.</p> <p>**We are pleased to announce that the Miyoopimaatishihk (Wellbeing) Program will be temporarily extending its eligibility to include children and youth ages 9-18. Please be advised that funding and service availability are limited and will conclude when additional funds are exhausted</p>	Ongoing	<p>Visit website for details: Miyoopimatishihk (Wellbeing) Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator atcbhatnagar@mnbc.ca or call 778.312.3052</p>

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Metis Nation BC	https://www.mnbc.ca/work-programs/services/imagination-library	Imagination Library	A literacy program for Metis children birth to 4 years. Metis children that are registered in the program received free, age appropriate books each month.	Ongoing	Visit website for details: Imagination Library MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052
Metis Nation BC	https://www.mnbc.ca/work-programs/services/metis-child-care-benefit-program	Metis Child Care Benefit	A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit.	Ongoing	Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

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MOSAIC's Family Centre	www.mosaicbc.org/services/family-children-youth/family-centre/	Family Centre (FC)	<p>FC provides information and orientation to newcomer families with young children aged 0 to 14.</p> <p>Programming: Newcomer's Group- Information and Orientation, Parent Participated Early Learning, and One-on-One support about settlement and integration. Information about parenting skills, child development and bridging newcomers to agencies that support newcomer children and families.</p> <p>Eligibility: Families with children aged 0 -14 (Permanent Residents, Protected person with Notice of Decision), families living in Burnaby, Vancouver and New Westminister (families who reside near Burnaby border with New Westminister), and new to Canada, less than five years.</p>	Ongoing	<p>To register please email: family_centre_exception@mosaicbc.org or call:</p> <p>604 438 8214 236 485 1253</p>
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Pacific Immigrant Resources Society	https://pirs.bc.ca/our-programs/pathways-to-childcare-careers/	Pathways to Childcare Careers	Free occupational English training with Responsible Adult, Foodsafe, and First Aid certificates plus 80-hour practicum for newcomer women interested in entering the early learning and childcare field.	Ongoing registration for 4 cohorts per year (Burnaby or Surrey) Cohort 10 BURNABY: Sept - Nov 2025 Cohort 11 SURREY: Jan - March 2026	See website for details; email pathways@pirs.bc.ca
Pacific Immigrant Resources Society	https://pirs.bc.ca/safe-haven-program/	Safe Haven program	We're here to help you with: - Finding the right community resources, services, and programs, including language classes, housing, employment, food assistance, legal aid, counselling and more - Community English Classes for Women in New Westminster and Surrey - Confidential conversations about difficult topics - Employment support	Sept – Dec 2025 Monday 3:30-5:00pm ONLINE	To register please email Nada nesam@pirs.bc.ca osw@pirs.bc.ca

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The Purpose Society	www.fac ebook.com/pur posesociety6thSt/	Early Childhood Programs	Resources, news bulletins and more...	Ongoing	Visit FB page: www.facebook.com/purposesociety6thSt/
Spirit of the Children	www.sotcs.ca/children/	<ul style="list-style-type: none"> • Soaring Eagles Play Time, • Hlúlu Drop-In's, • Aboriginal Infant Development, • Aboriginal Supported Development, • Obin Ni'i (Gitxsan for "I am pregnant") • Prenatal Program, • Infant Massage, • FASD Parenting • Support Group, and • Jordan's Principle Service Coordinator 	Programs and supports (in person and online) for Indigenous parents, grandparents, and caregivers.	See website for details	To register please visit website

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Leo Street Youth and Family Services Society	Leo Street	SMILE Young Parents Program	<p>26 and under programs for Burnaby and New West residents.</p> <p>Monthly Prenatal Workshop - online and in person</p> <p>Location is in Burnaby near the Gilmore Skytrain Station</p>	<p>Ongoing intakes and programming</p> <p>See us on Instagram smileypp5271 for calendar and programming opportunities</p>	<p>Please contact us at smile@stleo.ca or 604-298-6245 for more information.</p> <p>Located by the Gilmore Skytrain Station</p>
East Burnaby Family Place Society	https://www.familyplace.ca/eastburnaby	Free Family Drop-In	<p>For families with children birth to 5 years old,</p> <ul style="list-style-type: none"> *Crafts/activities *Large/small motor toys *Outdoor play area *Circle time *Community visits *ECE teacher 	Tuesday and Friday only 10:00am – 1:30pm year round	<p>No registration required</p> <p>Drop in at 9887 Cameron Street, Burnaby.</p> <p>Programs are run out of St. Stephen's Church. No affiliation.</p>
Vancouver and Lower Mainland Multicultural Family Support Services Society	www.vlmfss.ca	Our Mother and Child Emotional Power Drop-in program	Community Room, Metrotown Library 6100 Willingdon Ave., Burnaby, BCM	Mondays, 10:30am-12:00pm September 9, 2024 - December 2, 2024	Drop in

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KIDS IN BURNABY WEBSITE AND SOCIAL MEDIA

Visit www.kidsinburnaby.ca your 'one-stop shop hub' for early childhood (birth to 6 years old) development resources and information. Like us on Facebook: <https://www.facebook.com/BurnabyECDCommunityTable/> Follow us on Instagram: #littlethingsmatter

FREE BURNABY CHILD AND FAMILY RESOURCES AND INFORMATION SESSIONS

BC SUPPORTED CHILD DEVELOPMENT

The BC Centre for Ability is committed to inclusive childcare that supports families and enhances all children's experiences. If your child has extra support needs, or if you're wondering if they may need extra support visit www.bc-cfa.org/programs-services/supported-child-development/ where you can find more information and access the online referral.

FAMILY SERVICES OF GREATER VANCOUVER

The Early Childhood Community Consultant (ECCC) also offers:

- **Free one-on-one consultation** about your child's development, behavior, parenting tips, tricks, and education – to set up a phone or virtual appointment please email or call Anita at aolson@fsgv.ca 604-723-9548
- **ECCC Resource Newsletter** – to receive short daily newsletters with children's activities, self-care ideas, parenting information (and more), please email aolson@fsgv.ca with the heading "ADD ME TO NEWSLETTER"

YMCA CHILD CARE RESOURCE AND REFERRAL

For various types of information and support for families searching for childcare visit: <https://www.gv.ymca.ca/ccrr>.

- Early Learning Resource Library (parents in Burnaby/New Westminster/Tri-Cities borrow early learning resources free of charge). An online catalogue is at Early Years Resource Library Catalogue. To contact us please email ygv.ccrr@bc.ymca.ca

BURNABY PUBLIC LIBRARY

Services for Children and Families

- Parents: children's librarians can help you find books and more for different ages and on different topics. We can also help you find resources for children and families in Burnaby.
- Group leaders: a children's librarian can coordinate visits for your class or group. We can provide resources, booklists, and make specific recommendations based on your classroom or group. We can talk about books, reading, and encourage literacy. We customize the visit to fit your needs.

Contact the library at eref@bpl.bc.ca or 604-436-5400 and ask to be directed to a Children's Librarian to discuss options.

*** All programs are for children from birth to 6 years old, unless otherwise indicated.**

For more information on activities, supports, and services for families with children 0 to 6 years old, go to "COVID 19 Resources & Supports" at www.kidsinburnaby.ca.