

FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Family Life	www.burnabyfamilylife.org	Family Drop-In's For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow	Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service: 1. Family Support 2. Play-based Learning 3. Early Learning and Literacy 4. Parent Education 5. Information and Referrals Families are welcome to drop in any time during program hours (Mother Goose requires advanced registration).	Family Drop-In TUESDAYS 4:00am-6:00pm 6140 McKercher Ave, Burnaby WEDNESDAYS 9:30am-11:30am Edmonds Resource Centre, #205-7355 Canada Way THURSDAYS 12:30-2:30pm 6140 McKercher Ave, Burnaby SATURDAYS 10am-12pm 6140 Mckercher Avenue	Drop ins welcome. No pre-registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200

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For more information on activities, supports, and services for families with children 0 to 6 years old, go to "COVID 19 Resources & Supports" at www.kidsinburnaby.ca.



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Burnaby Family Life	www.burnabyfamilylife.org	Learning together through play	For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow	Learning Together Through Play TUESDAYS 9:30am-11am 6140 Mckercher Avenue	Drop ins welcome. No pre-registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200
Burnaby Family Life	www.burnabyfamilylife.org	Baby & Me Second stage (for children under 18 months)	For more information and program descriptions, times and locations please visit: Family Resource Programs — Burnaby Family Life - A place to go a place to grow	Baby & Me second Stage Fridays 9:30am-11am 6140 Mckercher Avenue	Drop ins welcome. No pre-registration required Email: bfl_info@burnabyfamilylife.org Ph: 604-659-2200

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Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Family Life	www.burnabyfamylife.org	Mother Goose	Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. Our services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs focus on five core areas of service: Family Support Play-based Learning Early Learning and Literacy Parent Education Information and Referrals	Mother Goose PRE-REGISTRATION REQUIRED 10 weekly sessions start from September 10, 2026	Pre- registration require Email: bfl_info@burnabyfamylife.org Ph: 604-659-2200
Burnaby Family Life	www.burnabyfamylife.org	Expecting & New Moms: We're Here For You And Baby Pregnancy Outreach Program (prenatal) Baby & Me (second stage) Healthy Care Pregnancy Program	One-to-one, by phone, online, or virtual groups	Ongoing	To register please visit website Burnaby Family Life - Home

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Burnaby Family Life	www.burnabyfamilylife.org	In person & online Parenting and Support groups: • Calm & Confident Parenting • Curious Minds (English and Mandarin) • Nobody's Perfect (English and Korean) • Parenting for Immigrants • Immigrants Families' Support Group • Everyday Family Life • Parenting Pre-teens	Our Parenting and Support programs provide a safe and inclusive space for parents, caregivers and individuals to learn about themselves, their children, and how to build skills that can support the healthy development of their family, their children and themselves. For program descriptions please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow Free childcare for children 18m to 10 years is available for all in person programs. <i>Pre-registration required for childcare.</i>	For dates, times and locations please visit Family Life Education — Burnaby Family Life - A place to go a place to grow	For registration please visit: Family Life Education — Burnaby Family Life - A place to go a place to grow OR Call 604-659-2200
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Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Neighbourhood House-South Burnaby	https://burnaby.ca/get-involved/family/	Family Place at 4460 Beresford Street	Family Drop-In for families with children birth to 5 years old.	Mondays, Tuesdays, Thursdays 9:30-11:30am Wednesdays (for Newcomers/ Immigrants) 9:30-11:30am	First come, first serve. Room Capacity Limit: 15 families. No registration required
Burnaby Neighbourhood House-Brentwood	https://burnaby.ca/get-involved/family/	Family Place at 2055 Rosser Avenue	Family Drop-In for families with children birth to 5 years old.	Tuesdays 12:30-2:30pm Thursdays 10:00-12:00pm Fridays 9:30-11:30am	First come, first serve. Room Capacity Limit: 15 families. No registration required
Burnaby Neighbourhood House-North, South, Brentwood, Online	https://burnaby.ca/get-involved/family/	Online and in-person family workshops, info sessions, special activities, and more	Visit website for online calendar with details	Ongoing	To register please visit website
Burnaby School District	https://burnabyschools.ca/strongstart/	StrongStart	StrongStart Centres provide parents and caregivers an opportunity to share in their child's early learning experiences and learn and grow together through PLAY. Families have the most important role in promoting their child's well-being and learning and are asked to remain with their child to engage in this supportive and joyful, no cost, program.	StrongStart will open for registration on Sept. 8, and open for families beginning on September 28 until December 16. Registration is necessary.	To register: https://registration.s41.bc.ca/Forms/strongstartregistration

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Burnaby Public Library	https://bpl.bc.ca/events#/	Family Storytime	Join us for fun songs and stories! Meet other families and get to know the library.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Thursdays Sept. 17 to Oct. 22 (no session Oct. 15) Wednesdays Nov. 4 to Dec. 9 (no session Nov. 11) 10:30am - 11:00am Saturdays Sept. 19, Oct. 17, Nov. 14 11:00am - 11:30am McGill Branch 4595 Albert St. Wednesdays Sept. 16 to Dec. 9 (no session Sept. 30 and Nov. 11) 10:45am - 11:15am Tommy Douglas Branch 7311 Kingsway Fridays Sept. 11 to Oct. 9 Thursdays Oct. 29 to Dec. 3 11:30am - 12:00pm Temporary Cameron Branch 110-9855 Austin Ave. Tuesdays Sept. 8 to Nov. 10	Drop-in. No registration required.
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				10:30am - 11:00am Saturdays Sept. 26, Oct. 24, Dec. 19 10:30am - 11:00am	

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Burnaby Public Library	https://bpl.bc.ca/events#/	Babytime	Meet other families and share songs, bounces and stories with your baby.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Thursdays Sept. 17 to Oct. 22 (no session Oct. 15) Wednesdays Nov. 4 to Dec. 9 (no session Nov. 11) 11:30am - 12:00am McGill Branch 4595 Albert St. Wednesdays Sept. 16 to Dec. 9 (no session Sept. 30 and Nov. 11) 1:30pm - 2:15pm Tommy Douglas Branch 7311 Kingsway Fridays Sept. 11 to Oct. 9 Thursdays Oct. 29 to Dec. 3 10:30am – 11:00am Temporary Cameron Branch 110-9855 Austin Ave. Tuesdays Sept. 8 to Nov. 10 11:30am – 12:00pm	Drop-in. No registration required.

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Burnaby Public Library	https://burnaby.ca/pl.bc.ca/events#/	Baby Social	Play with your baby, make new friends and chat with other adults in a comfortable space.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Wednesdays Sept. 16 to Oct. 21 (no session Sept. 30) Thursdays Nov. 5 to Dec. 10 1:00pm - 2:30pm Temporary Cameron Branch 110-9855 Austin Ave. Tuesdays Dec. 1, 8, 15 10:30am - 12:00pm	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#	Cantonese Storytime for Toddlers	Drop in with your little one for a Cantonese circle time to sing songs and participate in fun group activities. There will be time for parents and grandparents to socialize, while children explore library books, toys and other community resources. For kids ages 18 months to 5 years. Siblings welcome. In partnership with Hello Canto.	Tommy Douglas Branch 7311 Kingsway Fridays Sept. 11, Oct. 9, Nov. 20 4:00pm - 4:45pm	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#/	Family Fun in Mandarin and Cantonese	Join us for a fun and welcoming family drop-in, supported in Mandarin and Cantonese. This program includes free play, a light snack and circle time in a relaxed setting. For Families with kids ages 0 to 5 In partnership with Cameray Child & Family Services.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Tuesdays Sept. 22, Oct. 13, Nov. 10, Dec. 8 1:00pm to 3:00pm Temporary Cameron Branch 110-9855 Austin Ave. Thursdays Sept. 17, Oct. 29, Nov. 19, Dec. 17 1:00pm - 3:00pm	Drop-in. No registration required.
Burnaby Public Library	https://bpl.bc.ca/events#/	Family Fun Time in Spanish	Come meet other families who speak Spanish! There will be toys, books and a librarian who will sing and tell stories in Spanish. This program is intended for families with children ages 0 to 5. Older siblings welcome.	Tommy Douglas Branch 7311 Kingsway Wednesdays Oct. 7 to Oct. 28 11:00am – 12:00am	Drop-in. No registration required.

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Burnaby Public Library	https://bpl.bc.ca/events#/	Portuguese Storytime	Join us for stories, songs and rhymes in Portuguese. This program is intended for children ages 0 to 6 and their caregivers. Older siblings welcome.	Tommy Douglas Branch 7311 Kingsway Saturdays Sept. 19, Oct. 17, Nov. 28 10:30am – 11:30am	Drop-in. No registration required.
Burnaby Public Library	https://bpl.bc.ca/events#/	Social Hour for Japanese Speaking Families	Come and meet other Japanese-speaking families at the library! There will be toys and books, and a librarian will lead a short storytime in Japanese. For families with kids ages 0-5. Siblings welcome.	Bob Prittie Metrotown Branch 6100 Willingdon Ave. Saturday Oct. 3 10:30am – 11:30am Tommy Douglas Branch 7311 Kingsway Saturdays Sept. 12 and Nov. 21 10:30am – 11:30am Temporary Cameron Branch 110-9855 Austin Ave. Saturdays Oct. 31 and Dec. 12 10:30am – 11:30am	Drop-in. No registration required.

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Burnaby Public Library	https://burnaby.ca/events/	Tigrinya Storytime	Hear stories, rhymes and songs in Tigrinya. For kids ages 0-6. Older siblings welcome. In partnership with Eritrean Community Association in Vancouver.	Tommy Douglas Branch 7311 Kingsway Saturdays Sept. 5, Sept. 19 11:30am - 1:00pm	Drop-in. No registration required.

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Cameray Child & Family Services	EYPSP Link	Early Years Parenting Support Program (EYPSP)	EYPSP is for Burnaby and New Westminster families who are expectant parents or parents/caregivers with one or more children under the age of 5 years. Free services include: in-person and online individual parenting support counselling, psycho-educational parenting groups (<i>Circle of Security Parenting; Self-Regulation through Challenges, etc.</i>), and interactive parenting drop-in groups (<i>Harmony for All Circle Time; Farsi Songs and Stories; Family Literacy; Infant & Toddler drop-in; Temas de Crianza de niños, etc.</i>).	EYPSP and PEP's individual and group services are all ongoing. Please visit Cameray's website to view monthly calendars, with full program and group descriptions and details. All Cameray programs are delivered Monday to Friday, mornings, afternoons and occasional early evenings, at various sites throughout Burnaby and New Westminster. For full details about program sites, please check the monthly calendar.	For full details about monthly activities, please visit: Monthly Calendar
	PEP Link	Parent Education Program (PEP):	PEP is for parents/caregivers, who reside in Burnaby and New Westminster and have children and youth between the ages of 6 to 18. In-person and online individual parenting support and parent support groups		

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			<i>(My Tween and Me; Connect, Learn, Grow, etc.).</i> Parent education, community resources, and outreach support.		
Family Service of Greater Vancouver	www.fsgv.ca/programs/early-childhood-community-consultant/	Early Childhood Community Consultant	Ask questions and get support with free one-on-one consultations about your child's development, behavior, parenting tips, tricks and education, either virtually, a visit in the community or in the comfort of your own home.	Ongoing	For more information or to see availability contact Anita at: call/text: 604.723.9548 or email aolson@fsgv.ca

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Metis Nation BC	https://www.mnbc.ca/work-programs/services/metis-family-connections-early-years-birth-8-years	Metis Family Connections Program	For Metis families with children birth to 8 years. Families build a network of support that provides children with opportunities for early learning and childhood development. Metis Family Connections Navigators assist families to access programs and services that are available in their region and connect them to community and culture.	Ongoing	Visit website for details: Métis Family Connections - Early Years (Birth to 8 Years) MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

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Metis Nation BC	https://www.mnbc.ca/work-programs/services/miyoopimatishihk-wellbeing-program	Miyoopimatishihk (Wellbeing) Program	For families with Metis children birth to 8 years old. Metis families can apply for financial support to assist in the cost of a wide range of services, programs and products, including but not limited to: respite care, speech therapy, assessments, specialized equipments, mental health supports. **We are pleased to announce that the Miyoopimaatishihk (Wellbeing) Program will be temporarily extending its eligibility to include children and youth ages 9-18. Please be advised that funding and service availability are limited and will conclude when additional funds are exhausted.	Ongoing	Visit website for details: Miyoopimatishihk (Wellbeing) Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator atcbhatnagar@mnbc.ca or call 778.312.3052

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Metis Nation BC	https://www.mnbc.ca/work-programs-services/imagination-library	Imagination Library	A literacy program for Metis children birth to 4 years. Metis children that are registered in the program received free, age appropriate books each month.	Ongoing	Visit website for details: Imagination Library MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052
Metis Nation BC	https://www.mnbc.ca/work-programs-services/metis-child-care-benefit-program	Metis Child Care Benefit	A service offered by the Metis Child Care Navigation and Support Program, for families with Metis children birth to 12 years. Through this program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit.	Ongoing	Visit website for details: Métis Child Care Benefit Program MNBC For more information contact Chandni Bhatnagar, Metis Family Connections Navigator at cbhatnagar@mnbc.ca or call 778.312.3052

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MOSAIC's Family Centre	www.mosaicbc.org/services/family-youth/family-centre/	Family Centre (FC)	FC provides information and orientation to newcomer families with young children aged 0 to 14. Programming: Newcomer's Group-Information and Orientation, Parent Participated Early Learning, and One-on-One support about settlement and integration. Information about parenting skills, child development and bridging newcomers to agencies that support newcomer children and families. Eligibility: Families with children aged 0 -14 (Permanent Residents, Protected person with Notice of Decision), families living in Burnaby, Vancouver and New Westminister (families who reside near Burnaby border with New Westminister), and new to Canada, less than five years.	Ongoing	To register please email: family_centre_exception@mosaicbc.org or call: 604 438 8214 236 485 1253
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Agency	Website	Program Name(s)	Program Information	Dates	Registration
Pacific Immigrant Resources Society	https://p irs.bc.ca /safe- haven- program /	Safe Haven program	We're here to help you with: - Finding the right community resources, services, and programs, including language classes, housing, employment, food assistance, legal aid, counselling and more - Community English Classes for Women in New Westminister and Surrey - Confidential conversations about difficult topics - Employment support	Sept - Dec 2026 (ongoing)	For more information Contact Xanat osw@pirs.bc.ca
Pacific Immigrant Resources Society		Community English Classes in Surrey and New Westminister	English classes for Women (CLB 1-3) with childminding provided	Sept to Dec 2026 New Westminister: Mon, Tue 10 am - 12 pm Surrey: Wed, Thur 9:30 - 11:30 am	To register please email: osw@pirs.bc.ca

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Pacific Immigrant Resources Society		Employment Circles Workshop	This is a FREE 4-week workshop for women who are permanent residents or protected persons. It is designed to help participants learn about Canadian labour market information, Canadian-style résumé and cover letter writing, the importance of networking, regulated and unregulated professions, and workforce integration in Canada. The program also includes guest lectures on regulated professions, Canadian labour law, and workplace safety.	Cohort 6: Nov 2 (online) Nov 9 (online) Nov 16 (online) Nov 23 (in-person) Where: CIVIC HOTEL 13475 Central Ave, Surrey, BC V3T 0L8 Workshop is delivered from 10:00 am to 01:00 PM	Registration link - Employment Circles Registration

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Pacific Immigrant Resources Society		Childcare Connect: Hiring and Networking Event	Our Childcare Connect: Hiring and Networking Event brings together childcare employers, training programs, and community organizations to connect with individuals looking for employment or wanting to further their education in child care. Participants directly meet with employers and learn more about their job hiring processes, have informal interviews, and explore opportunities for placements, internships, or mentorships, all while building collaborative relationships within the childcare sector.	Event Details: Date: Tuesday, October 20, 2026 Time: 10:00 AM to 01:00 PM Location: Collingwood Neighbourhood House - ANNEX LOCATION 3690 Vanness Ave, Vancouver, BC V5R 5B6	Who Can Participate: Permanent Resident, Protected Person, or Refugee Claimant women interested in pursuing a career in the childcare field. Participants with valid child care certification is an asset. Childcare Connect Event REGISTRATION

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Pacific Immigrant Resources Society		HIPPY Home Visiting Program for Mothers with children 3-5 years old	A home visiting program designed to strengthen parenting practices and support mothers in creating nurturing, stimulating home environments that promote children's cognitive, language, social-emotional, physical, and self-help skills, helping prepare them for a successful transition to school.	September to June 2027 Weekly Home visiting Monthly Group Meeting	For more information, contact osw@pirs.bc.ca
The Purpose Society	www.facebook.com/purposesociety6thSt/	Early Childhood Programs	Resources, news bulletins and more...	Ongoing	Visit FB page: www.facebook.com/purposesociety6thSt/

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Spirit of the Children	www.sotcs.ca/children/	• Hlúlu Drop-In -Burnaby-Coquitlam and NW. • Aboriginal Infant Development, • Aboriginal Supported Development, • Obin Ni'i (Gitksan for "I am pregnant") -Prenatal Program, • Infant Massage, • FASD Parenting Support Group, • Circle of Security Parenting	Programs and supports (in person and online) for Indigenous parents, grandparents, and caregivers.	See website for details	Hlulu is a Drop-in program Any other program needs a referral at www.sotcs.ca

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Leo Street Youth and Family Services Society	Leo Street	SMILE Young Parents Program	26 and under programs for Burnaby and New West residents. Monthly Prenatal Workshop - online and in person Location is in Burnaby near the Gilmore Skytrain Station	Ongoing intakes and programming See us on Instagram smileypp5271 for calendar and programming opportunities Fridays for 9 weeks October 16 2026- December 11 2026	Please contact us at smile@stleo.ca or 604-298-6245 for more information. Located by the Gilmore Skytrain Station Laurel Kampert 604 -404-9206 laurel@stleo.ca
East Burnaby Family Place Society	https://www.familyplace.ca/east-burnaby-family-place/	Free Family Drop-In	For families with children birth to 5 years old, *Crafts/activities *Large/small motor toys *Outdoor play area *Circle time *Community visits *ECE teacher	Tuesday and Friday only 10:00am – 1:30pm year round	No registration required Drop in at 9887 Cameron Street, Burnaby. Programs are run out of St. Stephen's Church. No affiliation.

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Vancouver and Lower Mainland Multicultural Family Support Services Society	www.vl-mfss.ca	Our Mother and Child Emotional Power Drop-in program	Community Room, Metrotown Library 6100 Willingdon Ave., Burnaby, BCM	Mondays, 10:30am-12:00pm September 9, 2024 - December 2, 2024	Drop in

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FamilySmart	https://familysmart.ca/	Family Peer Support Program	One-on-one family peer support for parents and caregivers of children struggling with behavioural challenges and/or mental health concerns. Family Peer Support Workers are parents with lived experience with their own children who struggle. We use this to come alongside other parents and caregivers to provide support, as needed. We serve families with children ages 0-24, we have no waitlist, and there is no diagnosis required in order to access services. Many families that we support during the early years are those that are curious about whether what they're seeing is part of typical development or something more, or understanding and navigating a new diagnosis.	Ongoing	Contact Kelley Allen - Burnaby Family Peer Support Worker at 604-607-9580 or kelly.allen@familymart.ca
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FREE BURNABY FALL PROGRAMS* 2026

FamilySmart	https://familysmart.ca/	"In the know" monthly events	Monthly online events that discuss topics related to mental health. Topics vary by month and are offered throughout the month at different times of day to accommodate schedules.	*"Caring For All of Our Kids When a Sibling Struggles with Their Mental Health" September 15th 6:30pm-8:00pm September 24th 12:00-1:30pm "Connecting with Our Kids When Anxiety Leads to Social Isolation" September 22nd 6:30-8:00pm "Emotion Regulation" November 4th 6:30-8:00pm November 10th 6:30-8:00pm November 17th 6:30-8:00pm November 24th 12:00-1:30pm November 25th 6:30-8:00pm "Parenting When Anxiety Shows Up As Anger" December 2nd 6:30-8:00pm December 8th	https://familysmart.ca/online-events/ https://familysmart.ca/online-events/ https://familysmart.ca/online-events/ https://familysmart.ca/online-events/
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FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
				6:30-8:00pm December 10th 12:00-1:30pm December 15th 6:30-8:00pm December 17th 6:30-8:00pm	

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FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Primary Care Network	https://burnaby.pcn.ca	Resources to support health and well-being for Burnaby Residents	The Burnaby PCN brings together the Burnaby, BC community, its Primary Care Providers, and Fraser Health to collectively drive city-wide health and well-being. Primary Care Providers (PCP) are health care professionals, such as family doctors or nurse practitioners, who help you manage your health. A long-term relationship with a PCP keeps you healthier; they can treat you when you are sick or help you access more advanced care when you need it. We also work alongside community organizations and service agencies to connect Burnaby residents, not only with medical care but with essential social supports as well.	Ongoing	No registration required

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FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Burnaby Primary Care Network	https://burnaby.pcn.ca/find-a-doctor/	Burnaby Patient Attachment Registration	All BC residents can now register for a family doctor or nurse practitioner in their community through BC's Health Connect Registry. When you register, you are added to a centralized registry of primary care providers across your community.	Online: Ongoing In- person: 1st and 3rd Thursday of each month at Outreach Resource Centre (7375 Kingsway Burnaby BC) from 9am-11:30am. *Starting on Oct 1, 2026, the ORC hours will be extended to 9am-12:30pm	Register online or in-person
Purpose Society	https://purposesociety.org/	Single Parents Program	Support group for single parents raising children aged birth- 6yrs. Opportunity to learn about community resources and connect with other single parents.	Ongoing-Saturdays 10:00-11:30 AM 422- Sixth Street, New Westminster.	To register or for more information email mail@purposesociety.org or phone 604 368 0776
Purpose Society	https://purposesociety.org/	Pitter Patter	For families with children birth – 2yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Ongoing- Tuesdays 10:00-11:30am 422- Sixth Street, New Westminster and local parks.	To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205

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FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Purpose Society	https://purposesociety.org/	Family Circle	For families with children 2 1/2-6yrs. Join us for a fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more!	Ongoing- Thursdays 10:00-11:30am 422- Sixth Street, New Westminster and local parks.	To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Purpose Society	https://purposesociety.org/	EME: English Made Easy	Opportunity for parents, grandparents and children to learn and practice English and make friends. Adults participate in English lessons while the children learn language through fun crafts, songs and play.	Wednesdays Sep16- Dec 2, 10:00-11:30AM 422- Sixth Street, New Westminster	To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Purpose Society & YMCA-CCRR	https://purposesociety.org/	Mother Goose	This program introduces adults and children (3yrs and under), to the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence, which can enable them to create positive family patterns during their children's crucial early years.	Wednesdays Oct 14 - Dec 9 , 10:00-11:30 AM 422- Sixth Street, New Westminster	To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205

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FREE BURNABY FALL PROGRAMS* 2026

Agency	Website	Program Name(s)	Program Information	Dates	Registration
Purpose Society	https://purposesociety.org/	PLANS (Physical Literacy, Art, Nature & Science)	Rain or shine! Outdoor program for families with children aged 2yrs- 5/6yrs of age. Come play outside; join us for fun, games and circle time in the park.	Mondays Sep 14- Nov 9, 10:00-11:30AM Ryall Park, New Westminster	To register or for more information email mail@purposesociety.org or phone 778 727 0786, ext. 205
Purpose Society	https://purposesociety.org/	Nobody's Perfect Parenting Program (NPP)	Free 6-week program for parents/caregivers of children birth –5yrs. Topics include: Child development, Safety & health, Behaviour, Everyday parenting, and Parent connection & support.	Mondays Sep 14-Oct 26, 10:00AM - 12:00 PM 422- Sixth Street, New Westminster	To register or for more information contact: mail@purposesociety.org or call 778 727 0786 ext. 205

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FREE BURNABY FALL PROGRAMS* 2026

KIDS IN BURNABY WEBSITE AND SOCIAL MEDIA

Visit www.kidsinburnaby.ca your 'one-stop shop hub' for early childhood (birth to 6 years old) development resources and information. Like us on Facebook: <https://www.facebook.com/BurnabyECDCommunityTable/> Follow us on Instagram: #littlethingsmatter

FREE BURNABY CHILD AND FAMILY RESOURCES AND INFORMATION SESSIONS

BC SUPPORTED CHILD DEVELOPMENT

The BC Centre for Ability is committed to inclusive childcare that supports families and enhances all children's experiences. If your child has extra support needs, or if you're wondering if they may need extra support visit www.bc-cfa.org/programs-services/supported-child-development/ where you can find more information and access the online referral.

FAMILY SERVICES OF GREATER VANCOUVER

The Early Childhood Community Consultant (ECCC) also offers:

- **Free one-on-one consultation** about your child's development, behavior, parenting tips, tricks, and education – to set up a phone or virtual appointment please email or call Anita at aolson@fsgv.ca 604-723-9548
- **ECCC Resource Newsletter** – to receive short daily newsletters with children's activities, self-care ideas, parenting information (and more), please email aolson@fsgv.ca with the heading "ADD ME TO NEWSLETTER"

YMCA CHILD CARE RESOURCE AND REFERRAL

For various types of information and support for families searching for childcare visit: <https://www.ymcabc.ca/child-care-resource-referral>

- Early Learning Resource Library (parents in Burnaby/New Westminster/Tri-Cities borrow early learning resources free of charge). An online catalogue is at Early Years Resource Library Catalogue. To contact us please email ygv.ccr@ymcabc.ca

BURNABY PUBLIC LIBRARY

Services for Children and Families

- Parents: children's librarians can help you find books and more for different ages and on different topics. We can also help you find resources for children and families in Burnaby.
- Group leaders: a children's librarian can coordinate visits for your class or group. We can provide resources, booklists, and make specific recommendations based on your classroom or group. We can talk about books, reading, and encourage literacy. We customize the visit to fit your needs.

Contact the library at eref@bpl.bc.ca or 604-436-5400 and ask to be directed to a Children's Librarian to discuss options.

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