



Play to Learn! June 1, 2022

Edmonds Park - Outdoors!

Creative Building

Materials:

Any child-friendly building materials, such as: blocks, magnetic tiles, empty boxes, lego, etc.

Directions:

There are no rules!!

Allow your child the space and creativity to build whatever they want to. Be sure to follow their lead and help only when they ask or direct you to.

Creative Building will help your child's development in the following areas:



Physical Health & Well-Being

Creative Building allows your child to not only build their imagination and spatial intelligence, but it provides an opportunity to develop fine motor skills through manipulating materials and problem solving skills through trial and error in their building.



Language & Cognitive Development

Creative Building is a great way for your child to learn to communicate their needs with you. It is important to let them take the lead and follow their directions, so they are the ones developing mastery skills and the ability to learn through play.



Social Competence and Emotional Maturity

We've all had the experience of dealing with a frustrated child when they can't seem to put their plans into action and the things they try to create fall apart. Use this opportunity to have fun and laugh when their tower or building inevitably tumbles...it can be the best part of the whole activity and teaches children that it's not failure, but part of the learning process.



Communication Skills & General Knowledge

In addition to learning important building skills, this simple activity encourages children to learn how to communicate with their caregiver and playmates) to develop the skills of giving directions and playing with others.