



Play to Learn! June 1, 2022

Edmonds Park – Outdoors!

Agency Name: Burnaby Neighbourhood House (BNH)

Agency Program Info: Burnaby Neighbourhood House is a grassroots community driven organization that offers a wide range of supportive community programs and services that are accessible and affordable.

Family and Early Childhood Programs:

- Child Care: Preschool (waitlist)
- Family Place: We offer a number of Family Drop-in programs throughout the community for parents/caregivers with children 0-5 both In-person (English) and Online (Spanish). Family drop-ins provide a variety of opportunities for families to socialize, to have a safe and fun place to play and learn and to get parenting information.
- Family Outreach: Support is available to families with children 0-12 who need help accessing community information and can assist families to connect with local community programs and services.

Activity (materials are provided by BNH):

1) Activity #1: Pop the bubbles!

Materials: Bubbles Maker

Audience: Primarily for infants (if they are in strollers or being carried by adults)

How to Play: Stretch Up and reach for the bubbles! How many can you pop?

Will Help Your Child's Development in the following Areas:

- **Physical Health & Well Being:** Encourages stretching, arm movements
- **Language & Cognitive Development:** Identify objects (e.g. bubbles) and encourages eye movement, hand-eye coordination
- **Social Competence and Emotional Maturity:** Encourages fun, imagination, and relaxation

- **Communication Skills & General Knowledge:** Identify objects (e.g. bubbles) and descriptors (“look at the bubbles, they pop, they’re “round”, they’re “floating”)

2) Activity #2: Balance Beam

Materials: (pack n’ play) Balance Beam

Audience: For toddlers AND adult

How to Play: Adults guide (e.g. hold both hands) toddlers across the balance beam.

Will Help Your Child’s Development in the following Areas:

- **Physical Health & Well Being:** Encourages balance and coordination
- **Language & Cognitive Development: Listening to instructions (“okay right foot first then left foot)**
- **Social Competence and Emotional Maturity:** Encourages team work with adult/parent, hear words of encouragement (“you can do it”)
- **Communication Skills & General Knowledge:** Listening to instructions (“okay right foot first then left foot)

3) Activity #3: Hula Hoop

Materials: Hula Hoops

Audience: For everyone

How to Play: Place Hula Hoop on waist. Twist your body and don’t let the hula hoop touch the ground! How long can you last?

Will Help Your Child’s Development in the following Areas:

- **Physical Health & Well Being:** Encourages stretching, coordination, and overall body movement
- **Language & Cognitive Development:** Paying attention to the goal, body coordination.
- **Social Competence and Emotional Maturity:** Hear words of encouragement (“you can do it”)
- **Communication Skills & General Knowledge:** Listening to instructions, develop confidence to do their best. Encourage fun.